



**APPLY
TODAY**

Life-changing Education

Courses starting September – December 2024

- 1 Day courses
- Access to Higher Education Diplomas
- Education
- ESOL
- Free Thinking
- Functional Skills - English, Maths, Digital
- Personal and Social Development
- Sustainable Thinking and Action
- Subject Tasters
- Working and Volunteering

Our courses are funded by the West Midlands Combined Authority (WMCA) and are for people living in areas of the West Midlands County. However, people living in other areas of England may apply – see inside for details.





About Fircroft College of Adult Education

We are a college based in an old manor house that once belonged to George Cadbury Jnr. on the Bristol Road, Selly Oak, Birmingham. It is easy to get to us by bus, bicycle, train and car and we have free parking and bicycle stands. George Cadbury Jnr. used to cycle to the Cadbury factory to educate the workers during their break time and eventually the college was formed in 1909.

At Fircroft, we believe everyone deserves a second chance, especially people who have encountered many barriers in their lives that have prevented them from finding their true potential. Our courses have been designed

to help you to progress and grow, supported by our unique residential experience that gives you the opportunity to escape your everyday life and focus on yourself, your course and your ambitions for the future.

Our courses are interesting, relevant and meaningful. They encourage you to think hard about yourself, those around you and how you would like your life to be. You may feel there is a long road ahead of you to get to where you want to, but with the support, respect and empathy from your fellow students and staff at the college, you can progress.

Important Information

Our class times are changing

From September 2024 our class times will be changing and students will be required to come to the college earlier, on their first day.

Most of our courses are residential, 3 days and 2 nights, and as always, students will need to stay overnight from day 1 to day 3.

These new times are for every residential course unless you are informed otherwise.

Our normal course start days of Monday, Wednesday or Friday, will NOT be changing.

Please see the new times below:

Day 1
2.00pm – 5.00pm

Day 2
9.00am – 12.00pm & 1.00pm – 5.00pm

Day 3
9.00am – 12.00pm

For more information about our courses, please go to www.fircroft.ac.uk.





Access to Higher Education Diplomas



Residential & Non-residential / September 2024 – May 2025

If you are at least 19 years old by 31 August 2024, our Level 3 Access to Higher Education diplomas are great stepping-stones to entering higher education. For many years, our successful diploma students have all been offered places at university. The diplomas are residential with a limited amount of non-residential places available and if you need assistance with your English and maths skills, we can help you get up to scratch while you are studying your diploma.

We are currently reviewing our diplomas but we plan to deliver in areas including health, humanities and social science.

These courses are **for people living in the West Midlands county which includes Birmingham, Wolverhampton, Sandwell, Dudley, Walsall – and Solihull and Coventry.**

These are full time courses and residential students are required to stay at the college throughout the course apart from during certain holiday periods. The courses are a mixture of classroom, online and independent learning.

On the next page are just some of the subjects our students have gone on to study at university:

Access to Higher Education (Social Science and Health)

- Psychology
- Nursing
- Mental Health Nursing
- Adult Nursing
- Counselling Skills

Access to Higher Education (Social Science and Humanities)

- Criminology
- English and History
- Education
- Law with Human Rights
- Creative Writing and English
- Youth and Community Work
- Philosophy

For more information and to apply for one of our diplomas, please visit our website. You can also contact our Admissions team on **0121 472 0116** or email **admissions@fircroft.ac.uk**.

We also recommend you attend one of our diploma open days - see below for dates.

Please note: because this course is intensive, there will be a rigorous application process between July and September 2024, including interviews with staff and Maths and English assessments.

We look forward to hearing from you!

General Open Days

We hold general Open Days on some Tuesdays at the college.

Times

10.00am – 11.30am
1.00pm – 2.30pm

Access to Higher Education Diploma Open Days

10.00am – 12.00pm

Wednesday 17 July 2024
Wednesday 14 August 2024
Wednesday 11 September 2024

To book your place on any of our Open Days, go to **www.fircroft.ac.uk/open-days**. Please note – we request you arrive on time for your session as you may not be able to attend if you are late.

We look forward to seeing you soon!





Fircroft College FAQs

Who are Fircroft College's courses for?

With the West Midlands Combined Authority funding our courses, they are mostly for people living in areas of the West Midlands county, including:

Birmingham, Wolverhampton, Walsall, Sandwell, Dudley, Solihull and Coventry.

People from other areas of England may be eligible to apply but this is not guaranteed – please contact our Admissions team for more information. Each course also has its own eligibility criteria and our Admissions team can give you more information once you have applied online or by telephone or email.

You also need to be over the age of 19 by 31st August 2024 to apply for our courses this academic year (August 2024 – July 2025).

How long are your courses?

Most of our courses are residential and last for 3 days, 2 nights. Students usually arrive at the college at 2.00pm and have a lesson that afternoon with a full day of learning the next day and departure by 12.00pm on the last day. Longer courses can last for a number of weeks and students stay for 3 days, 2 nights, each week.

How can I find out more information about your courses?

Please keep looking at our website where all the courses we have available are listed. To apply, please use the online application form on the website and if you need more information about a course or help with applying for a course, contact our Admissions team on **0121 472 0116** or email **admissions@fircroft.ac.uk**.

What are the fees?

If your individual annual income is less than £30,000 our courses could be FREE to you, including accommodation, meals and learning resources.

Our maths, English, ESOL and some IT courses are FREE to everyone.

For more information go to the "Fees and Eligibility" page on our website.

What are the entry requirements for your courses?

All courses have their own entry requirements and these are mentioned on our course website pages.

Are meals and accommodation, included?

Once you are enrolled onto a course, all the accommodation and meals (breakfast, lunch and dinner if relevant), as well as drinks at designated tea/coffee breaks, will be included and you will not need to pay extra for these.

Are all of your courses residential?

Most of our courses are residential but we also run some functional skills, ESOL and taster day courses.

What are the bedrooms like?

All of our bedrooms are single and the majority of our bedrooms include their own bathroom.

When can I apply?

If the course is on the website you will be able to apply for it online. Please try to apply at least one week before the course starts so that our Admissions team can process your application thoroughly.

If I apply for a course does that mean I can definitely do the course?

Our Admissions team will assess your application and will contact you to discuss it with you. We always do our best to try and ensure you are on the right course to match your ambitions and skills level so that you get the most from your learning experience at the college.

We look forward to receiving an application from you soon!

Our Course Fees

If your annual income is less than £30,000 per year, our courses could be FREE to you.

For more information go to the "Fees and Eligibility" page on our website or contact our Admissions team on telephone number **0121 472 0116** or email **admissions@fircroft.ac.uk**.



Course Guide

Course details including dates and times may be subject to change. For the latest information please look at the website – www.fircroft.ac.uk – or contact the Admissions team on 0121 472 0116 or email Admissions@fircroft.ac.uk

Subject	Course Duration	Level	Course Start Date	Course End Date	Delivery Method	Days
Access to Higher Education Diplomas						
Our Access to Higher Education Diplomas provide a supportive route to University.						
Access to Higher Education (Social Science and Health)	9 months	3	23/09/2024	30/05/2025	Residential and non-residential	Full time
Access to Higher Education (Social Science and Humanities)	9 months	3	23/09/2024	30/05/2025	Residential and non-residential	Full time
Academic and Careers Skills Programme						
This course includes a number of subject topics and is a good introduction to further study or work, as well as being ideal if you wish to apply for one of our Access to Higher Education Diplomas in September 2025.						
Level 2 Certificate in Academic and Career Skills Programme	6 months	2	20/01/2025	18/07/2025	Residential or non-residential 3 days, 2 nights each week	TBC
Taster Courses						
These courses are a great introduction to our residential courses and what it is like studying at Fircroft.						
Introduction to Learning	1 day	Entry Level 3	26/11/2024	26/11/2024	Non-residential	Tuesday
Education						
For people working, or looking for work, in the education sector.						
Award in Education and Training	3 weeks	Level 3	22/11/2024	12/01/2025	Residential (3 days, 2 nights each week)	Friday - Sunday
ESOL (English for Speakers of Other Languages)						
These courses will help you to improve your English language skills.						
Speaking and Listening	10 weeks	Entry Level 3	30/09/2024	02/12/2024	Non-residential - one day at the college each week	Monday
Functional Skills - Digital, English and Maths						
Skills that are essential for everyday life and work.						
Digital						
Learn everyday IT skills to help you get up to speed in the digital world we live in.						
Digital Functional Skills	4 weeks	Entry Level 3	18/09/2024	11/10/2024	Residential (3 days, 2 nights each week).	Wednesday - Friday
Digital Functional Skills	4 weeks	Level 1	06/11/2024	29/11/2024	Residential (3 days, 2 nights each week)	Wednesday - Friday
Digital Functional Skills	4 weeks	Entry Level 3	13/11/2024	06/12/2024	Residential (3 days, 2 nights each week).	Wednesday - Friday

Subject	Course Duration	Level	Course Start Date	Course End Date	Delivery Method	Days
English						
These English courses will steadily build your confidence with English, helping you to improve your English skills for work, volunteering and everyday life.						
Spelling, Punctuation and Grammar	3 days, 2 nights	Level 1	16/09/2024	18/09/2024	Residential (3 days, 2 nights)	Monday - Wednesday
Read for Meaning	3 days, 2 nights	Level 1	04/10/2024	06/10/2024	Residential (3 days, 2 nights)	Friday - Sunday
English	24 weeks	Level 2	08/10/2024	18/03/2025	One day per week, non-residential	Tuesday
Write for Meaning	3 days, 2 nights	Level 1	13/11/2024	15/11/2024	Residential (3 days, 2 nights)	Wednesday - Friday
Speaking and Listening	3 days, 2 nights	Level 1	27/11/2024	29/11/2024	Residential (3 days, 2 nights)	Wednesday - Friday
Maths						
These maths courses will steadily build your confidence with maths, helping you to fully understand important maths skills for work, volunteering and everyday life.						
Numbers	3 days, 2 nights	Level 1	18/09/2024	20/09/2024	Residential (3 days, 2 nights)	Wednesday - Friday
Maths	24 weeks	Level 2	07/10/2024	17/03/2025	One day per week, non-residential	Monday
Fractions, Decimals and Percentages	3 days, 2 nights	Level 1	16/10/2024	18/10/2024	Residential (3 days, 2 nights)	Wednesday - Friday
Measures, Shape and Space	3 days, 2 nights	Level 1	06/11/2024	08/11/2024	Residential (3 days, 2 nights)	Wednesday - Friday
Data Handling	3 days, 2 nights	Level 1	11/12/2024	13/12/2024	Residential (3 days, 2 nights)	Wednesday - Friday
Free Thinking						
This course is for you if you are from a new community and have lived experience of modern slavery and trafficking, gaining new skills that will help you to progress.						
Free Thinking	10 weeks	Entry Level 2 / Entry Level 3	18/09/2024	22/11/2024	Part-time residential (3 days, 2 nights each week)	Wednesday - Friday
Personal and Social Development						
These courses can help you to develop, focus on yourself and identify your next steps to achieve your life goals.						
Exploring the Outdoors for Wellbeing	3 days, 2 nights	Level 1	02/09/2024	04/09/2024	Residential	Monday - Wednesday
Coping with Stress, Anxiety and Depression	3 days, 2 nights	Level 1	02/09/2024	04/09/2024	Residential	Monday - Wednesday
The Power and Psychology of Positivity	3 days, 2 nights	Level 1	04/09/2024	06/09/2024	Residential	Wednesday - Friday
Anger Management (Women)	3 days, 2 nights	Level 1	06/09/2024	08/09/2024	Residential	Friday - Sunday
Get Creative and Feel Good	3 days, 2 nights	Level 1	09/09/2024	11/09/2024	Residential	Monday - Wednesday
Anger Management (Men)	3 days, 2 nights	Level 1	09/09/2024	11/09/2024	Residential	Monday - Wednesday

Subject	Course Duration	Level	Course Start Date	Course End Date	Delivery Method	Days
Cost of Living: Creating Stability for Individuals and Families	3 days, 2 nights	Level 1	11/09/2024	13/09/2024	Residential	Wednesday - Friday
Becoming your Best Self	3 days, 2 nights	Level 1	11/09/2024	13/09/2024	Residential	Wednesday - Friday
Coping with Mental Health	3 days, 2 nights	Level 1	13/09/2024	15/09/2024	Residential	Friday - Sunday
Love Shouldn't Hurt: Understanding Domestic Violence and Abuse	3 days, 2 nights	Level 1	13/09/2024	15/09/2024	Residential	Friday - Sunday
Bereavement, Loss and Grief	3 days, 2 nights	Level 1	20/09/2024	22/09/2024	Residential	Friday - Sunday
Stand Up and Be Counted	3 days, 2 nights	Level 1	25/09/2024	27/09/2024	Residential	Wednesday - Friday
Coping with PTSD and Trauma	3 days, 2 nights	Level 1	02/10/2024	04/10/2024	Residential	Wednesday - Friday
Finding your Place In Society	3 days, 2 nights	Level 1	04/10/2024	06/10/2024	Residential	Friday - Sunday
Emotional Health for Wellbeing	3 days, 2 nights	Level 1	09/10/2024	11/10/2024	Residential	Wednesday - Friday
Understanding People and Building Relationships	3 days, 2 nights	Level 1	11/10/2024	13/10/2024	Residential	Friday - Sunday
Coping with PTSD and Informed Care	3 days, 2 nights	Level 1	21/10/2024	23/10/2024	Residential	Monday - Wednesday
Understanding Dementia	3 days, 2 nights	Level 1	25/10/2024	27/10/2024	Residential	Friday - Sunday
Addiction: Physical Health and Recovery	3 days, 2 nights	Level 1	28/10/2024	30/10/2024	Residential	Monday - Wednesday
Anger Management (Men)	3 days, 2 nights	Level 1	04/11/2024	06/11/2024	Residential	Monday - Wednesday
Coping with Stress, Anxiety and Depression	3 days, 2 nights	Level 1	11/11/2024	13/11/2024	Residential	Monday - Wednesday
Anger Management (Women)	3 days, 2 nights	Level 1	22/11/2024	24/11/2024	Residential	Friday - Sunday
How to Juggle Life and Wellbeing	3 days, 2 nights	Level 1	25/11/2024	27/11/2024	Residential	Monday - Wednesday
Understanding Addiction	3 days, 2 nights	Level 1	29/11/2024	01/12/2024	Residential	Friday - Sunday
Physical Health and Nutrition for Happiness	3 days, 2 nights	Level 1	02/12/2024	04/12/2024	Residential	Monday - Wednesday
Bereavement, Loss and Grief	3 days, 2 nights	Level 1	09/12/2024	11/12/2024	Residential	Monday - Wednesday

Subject Tasters

These are short, introductory courses in a wide range of subjects.

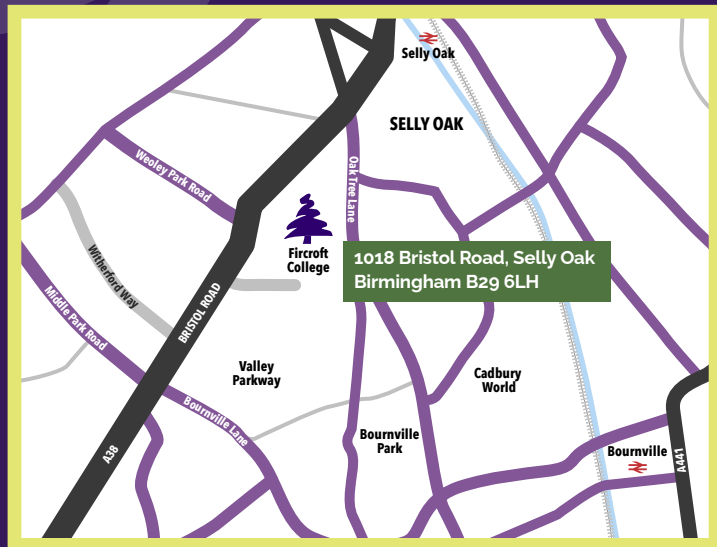
Introduction to Health and Science	3 days, 2 nights	Level 2	04/09/2024	06/09/2024	Residential	Wednesday - Friday
Introduction to Humanities	3 days, 2 nights	Level 2	04/09/2024	06/09/2024	Residential	Wednesday - Friday
Discovering Social Sciences	3 days, 2 nights	Level 1	11/09/2024	13/09/2024	Residential	Wednesday - Friday
Essay Writing, Note Taking and Research for Study	3 days, 2 nights	Level 2	16/09/2024	18/09/2024	Residential	Monday - Wednesday
Introduction to Psychopathology	3 days, 2 nights	Level 1	23/10/2024	25/10/2024	Residential	Wednesday - Friday
Introduction to Criminology	3 days, 2 nights	Level 1	11/11/2024	13/11/2024	Residential	Monday - Wednesday
Discovering Social Sciences	3 days, 2 nights	Level 1	04/12/2024	06/12/2024	Residential	Wednesday - Friday
Personal Study Management and Study Skills	3 days, 2 nights	Level 2	11/12/2024	13/12/2024	Residential	Wednesday - Friday

Subject	Course Duration	Level	Course Start Date	Course End Date	Delivery Method	Days
Sustainable Thinking and Action						
A practical, hands-on course using our 6 acres of grounds and visiting community gardens.						
Mother Garden Bootcamp	13 weeks	Level 2	13/09/2024	08/12/2024	Residential 4 weekends with 5 non-residential gardening days	Friday - Sunday
Green Skills: Building the Future (Phase 2)	3 days, 2 nights	Level 2	07/10/2024	09/10/2024	Residential	Monday - Wednesday
Working and Volunteering						
These courses are for work and volunteering and they can help you to progress in your chosen job or volunteering role.						
Working with Addiction and Recovery	3 days, 2 nights	Level 1	09/09/2024	11/09/2024	Residential	Monday - Wednesday
Working with Homelessness and Poverty	3 days, 2 nights	Level 1	11/09/2024	13/09/2024	Residential	Wednesday - Friday
Working with Autism and ADHD	3 days, 2 nights	Level 1	25/09/2024	27/09/2024	Residential	Wednesday - Friday
Supervision Skills	3 days, 2 nights	Level 1	27/09/2024	29/09/2024	Residential	Friday - Sunday
Working with ACES In Adults	3 days, 2 nights	Level 1	04/10/2024	06/10/2024	Residential	Friday - Sunday
Coaching and Mentoring Skills	3 days, 2 nights	Level 1	18/10/2024	20/10/2024	Residential	Friday - Sunday
Working with PTSD and Trauma	3 days, 2 nights	Level 1	21/10/2024	23/10/2024	Residential	Monday - Wednesday
Counselling Skills	3 days, 2 nights	Level 1	04/11/2024	06/11/2024	Residential	Monday - Wednesday
Working with Domestic Violence and Abuse	3 days, 2 nights	Level 1	15/11/2024	17/11/2024	Residential	Friday - Sunday
Working with Mental Health Needs	3 days, 2 nights	Level 1	06/12/2024	08/12/2024	Residential	Friday - Sunday
Longer Courses						
Skills for Aspiring Support Workers	3 weeks	Level 1	09/09/2024	30/09/2024	Residential (3 days, 2 nights each week) + one non-residential progression day	Monday - Wednesday
ILM Award in Leadership and Management	2 weeks	Level 4	01/11/2024	08/12/2024	Residential (3 days, 2 nights each week)	Friday - Sunday
Award in Independent Advocacy	2 weeks	Level 2	04/11/2024	20/11/2024	Residential (3 days, 2 nights each week)	Monday - Wednesday

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You can apply for a course online through our website (www.fircroft.ac.uk). The Admissions team will contact you to discuss the course and will be able to offer information, advice and guidance about your application. You may be asked to complete an assessment.

If you would like help applying for a course please contact the Admissions team on 0121 472 0116 or email admissions@fircroft.ac.uk.



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Join the conversation online today.

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